



Monique A Young

Professional Choreographer

NBA | WNBA | NFL | AFL

Experience

Dance and Entertainment Manager – Minneapolis, MN

NBA Minnesota Timberwolves / WNBA Minnesota Lynx

Overseeing and creation of choreography for all the performance groups for the Timberwolves and Lynx, which consist of The Pups (ages 6-14), 612 Hip Hop Crew, Senior Dancers, 1st Ave Breakers, and the Timberwolves Dancers. Management of payroll, invoices, uniform selections, scheduling photo shoots, web design, public relations, marketing, advertising, building new connections, choreography, music selection, performer development and much more.

Oakland Raiderette – Alameda, CA

Oakland Raiders

The Oakland Raiderettes, the cheerleading squad for the Oakland Raiders professional American Football team, was established in 1961 and is also known as “Football’s Fabulous Females.” Met expectations of knowing team history and staying abreast of current affairs, worked with and within the community, and was a role model. Demonstrated ability to work well with others, helped create sponsorships, built relationships, and retained customers of the organizations. Met requirement of participation at every home game, attended all practices, and observed the Oakland Raiders policies and upheld standards.

SunDance Kids Coach – Phoenix, AZ

Phoenix Suns

Responsible for the choreography and direction of the Suns Dance Kids Team. Oversaw and assisted with dancer auditions, games and community appearances, game-day activities, organization and execution of team rehearsals, photo shoots and related responsibility, and administration.

Co-Dance Director / Hip Hop Krew Director – Phoenix, AZ

Conservatory of Dance Studio

Involved in helping parents and students with dance programs that best suited the individual, including development of song selections for routines, number of routines each company level had, and dance style. Picked out new costumes for the season, number of dance competitions, conventions, and other community performance opportunities. Additionally set the rehearsal schedule and provided time and dates to the parents/students in a timely manner.

Suns Dancer – Phoenix, AZ

Phoenix Suns

Attended and performed at all, but not limited to, home games. Participated in and attended all scheduled practices. Helped promote and incorporate with sponsor events, charity events, paid/non-paid appearances, and volunteered while working with the community. Selected twice to represent the NBA and the Phoenix Suns as an ambassador in Hong Kong and Barcelona Spain. Took on the role of lead dancer to help facilitate uniform changes, formations, along with song and dance selections. Over the 3 seasons as a dancer, was able to choreograph numerous routines from jazz, hip-hop, and character dances performed on court in a game and overseas. Demonstrated proper ways to pose at photo shoots, speak on screen and with the media, and interact with Phoenix Suns fans.

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“She has displayed a strong work ethic, a passion for the teams in which she performed and represented the organization in a first-class manner.”

Kip Helt – Vice President/Game Entertainment for Phoenix Suns

“I strongly believe good leaders have these attributes and are able to utilize them in many different ways.”

Jon Bloom – Broadcaster Phoenix Suns/Arizona Sports 98.7 FM

“...Monique and I had a mutual understanding and I trusted her as someone I could count on when I ran into communication barriers with other dancers...”

Kari Herrick – Former Phoenix Suns Dancers Manager

“...Her upbeat and fun dances gained admiration by all, especially the fans. ...”

Courtney Quenzler – Phoenix Suns Dancers

“...Not only is she an All- American athlete, Monique is an All- American individual...”

Kenny McDaniel – Arizona State University Coach

“...Monique was passionate about her choreography and it was obvious she put thought and effort into everything she taught to her teammates...”

Kari Herrick – Former Phoenix Suns Dance Manager

Mercury Hip-Hop Squad Dancer – Phoenix, AZ

Phoenix Mercury

Performed at all, but not limited to, home games. Attended and participated at all scheduled practices. Promoted and attended all sponsor events, paid/non-paid appearances, and interacted in charity/community events. Interacted frequently with fans and organization personnel.

Sidewinders – Phoenix, AZ

Arizona Rattler Arena Football

Performed at all home games and outside events. Participated in and attended all scheduled practices. Attended all required sponsor promoted events, along with paid/non-paid appearances, and volunteered time with many charity events in the community. Given opportunity to further talent by choreographing jazz, hip-hop, and sideline routines performed on the field.

Special Projects

- [Timberwolves Dancers Final Auditions](#) – Directed, co-choreographed with Oscar Hernandez and produced the Timberwolves Dancers final auditions selection show Presented by Treasure Island Casino and Resort.
- [Montell Jordan](#) – Directed and choreographed Montell Jordan’s Minnesota Lynx half-time performance.
- [Skee-lo](#) – Directed and choreographed Skee-lo’s Minnesota Timberwolves half-time performance.
- [Bell Biv Devoe](#) – Directed and co-choreographed BBD’s Minnesota Timberwolves half-time performance.
- [Hip Hop and Jazz Funk workshop with Matt Steffanina and Dana Alexa](#) – Put on the biggest workshop in Timberwolves Entertainment history and biggest workshop Minnesota has seen.
- [The Motown Miracles](#) – Choreographed for dancers that performed along the Motown group at Comerica Theatre in Phoenix AZ.
- [Manhattan Dance Project](#) – Assisted Misha Gabriel (2013) and Marty Kuldeka (2014), Hip Hop. Helped put together the final routine for the showcase.
- [Married to Dance Master Class](#) – The host choreographer at Conservatory of Dance master class. Choreographed Beginner and Advanced Jazz.
- [Musical Group YRF](#) – Performed and choreographed a hip hop dance style for the rap group YRF’s music video, “Turnt Up”.
- [Rapper Codeen](#) – Performed and choreographed for rapper Codeen’s music video, “Live it up”.
- [Musical Girl Group Mix Chix](#) – Choreographed a sassy jazz routine for the girls to perform at a live concert at Knott’s Berry Farm.
- [Choreography Pros](#) – Pro Dancer in online video’s to help promote choreography pros convention for all pro dancer and pro teams.
- [Smirnoff Commercial](#) – Dancer.
- [Doggy After Dark](#) – Performed on episode of Snoop Dogg’s television show on MTV.

Education

Northern Arizona University

Flagstaff, Arizona, USA

Bachelor of Science Psychology and Sociology

John W. North High School

Riverside, California, USA

High School Diploma